

MONDAY



TUESDAY

2
Spring Break

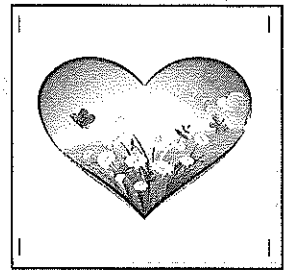
WEDNESDAY

3
Spring Break

THURSDAY

4
Spring Break

FRIDAY



8
Macaroni & Cheese
w/ breadstick
Chicken Patty
Cinnamon Sweet Potatoes

9
Twin Tacos
with Spanish Rice
Hot Dog
Seasoned Steamed Corn

10
Breakfast for Lunch:
Whole Grain Pancakes
w/ turkey sausage & syrup
Cheeseburger
Seasoned Broccoli & Cauliflower

11
Spaghetti and meat sauce
with Dinner Roll
Chicken Nuggets
with Dinner Roll
Vegetarian Baked Beans

12
French Bread Pizza:
Cheese or Pepperoni
Grilled Cheese
Mixed Vegetables

Offered Daily 4/8-4/12: Ham & Cheese Sub or Peanut Butter & Jelly Sandwich

15
Cheesy Stuffed Breadsticks
w/ marinara sauce
Chicken Patty
Glazed Baby Carrots

16
Nacho's with
Beef and Cheese
Hot Dog
Potato Wedges

17
Meatball Parmesan Sub
Cheeseburger
Roasted Broccoli & Red Peppers

18
General Tso's Chicken
with Rice
Chicken Nuggels
with Dinner Roll
Soy Beans

19
Old School Cheese Pizza
Grilled Cheese
Steamed Green Beans

Offered Daily 4/15-4/19: Crispy Chicken Wrap or Peanut Butter & Jelly Sandwich

22
Breakfast for Lunch:
Pancakes
w/ turkey sausage & syrup
Chicken Patty
Sweet Potato Wedges

23
Emoji Taco Fries
Smile Fries
with Taco Meat and Cheese
Hot Dog
Smile Fries

24
Chicken Parm. Sandwich
Cheeseburger
Roasted Broccoli

25
Grilled Chicken Sandwich
with Lettuce and Tomato
Chicken Nuggels
with Dinner Roll
Vegetarian Baked Beans

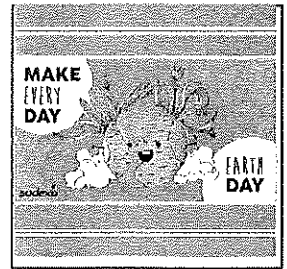
26
Big Daddy's Pizza Slice:
Cheese or Pepperoni
Grilled Cheese
Low Country Green Beans

Offered Daily 4/22-4/26: Turkey Club Sandwich or Peanut Butter & Jelly Sandwich

29
Cheesy Baked Ziti
w/ garlic breadstick
Chicken Patty
Seasoned Carrot Coins

30
Twin Chicken Fajita Tacos
with Spanish Rice
Hot Dog
Roasted Mexican Corn

All lunches include a variety of
fresh fruit, chilled fruit cup, and
choice of milk (skim or 1%)
Menu Subject to Change



Offered Daily 4/29-5/3: Italian Sub or Peanut Butter & Jelly Sandwich

Mathematics Awareness Month

April is Mathematics and Statistics Awareness Month. Since the start of Mathematics Awareness Week back in 1986, the aim has been to increase the level of interest in the study of mathematics and increase the level of public understanding and appreciation for the wide range of applications for mathematics in fields as diverse as manufacturing, business and medicine. However, sometimes we overlook a daily activity that can help students not only advance their math skills but also establish

life skills. That activity is cooking. Cooking with recipes engages reading skills, comprehension and math. Recipes might include fractions, measuring and portioning—many of the basic skills students need to excel in math. Consider encouraging your child to select a few recipes he or she would like to make. Then, take some extra time to have fun and appreciate together the opportunity cooking brings to build a greater understanding and appreciation for mathematics.



Sodexo is committed to promoting healthier food choices and encourages students and families to use the USDA MyPlate to build healthy and balanced meals.

www.liftoffplayground.com

BREAKFAST

MONDAY: Cereal
Juice
Milk

TUESDAY: Banana Muffin
Juice
Milk

WEDNESDAY: Assorted Poptart
Juice
Milk

THURSDAY: Cereal
Juice
Milk

FRIDAY: Banana Muffin
Juice
Milk

Fresh Pick Recipe

BAKED SWEET POTATO FRIES WITH GARLIC-LEMON YOGURT DIPPING SAUCE

- 3 Sweet potatoes (cut in half/each half cut in 6 wedges/placed in cold water)
- 1 ½ T Olive oil
- Salt and pepper to taste
- 1 c Yogurt (plain/non-fat)
- 1 t Garlic (minced)
- 1 ½ T Lemon juice
- 1 T Chives (minced)
- 1 T Parsley (minced)

1. Prepare ingredients as directed.
2. Preheat oven to 425 degrees.
3. Drain potatoes and place on paper towel to absorb the water.
4. Spray baking sheet with oil. Place wedges on baking sheet.
5. Drizzle the potatoes with the oil and desired salt and pepper.
6. Mix potatoes so they are evenly coated with the oil.
7. Place in oven for 30 minutes or until the potatoes are cooked and crispy on the outside.
8. In small bowl, mix yogurt, garlic, lemon juice, chives and parsley. Serve with the wedges as a dipping sauce.

Menu Subject to change.

nutrislice

Nutrition Information is available upon request.

sodexo